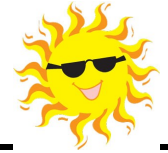




# June 2018

## Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Choice of Beverages including:</i>            -Coffee, Tea, Milk, Fruit Juice            -Bread and Butter            -Menu Alternatives            Always Available</p> <p><i>For more available options, please ask to see our Ala Carte menu!</i></p> <p>Enjoy!</p>					1 Breaded Cod Loin Country Style Fried Potatoes Apple Cider Slaw Bread Basket Banana Cheesecake Alt Swiss Steak w/ Tomato Asparagus	2 Chicken Pot Pie Spring Greens w/ Dressing Bread Basket Ice Cream Sundae Alt Cottage Cheese Fruit Plate Fresh Pineapple Crackers
3 Garlic Ginger Pork Chop Parmesan Scalloped Potatoes Green beans Dinner Roll Cherry Pie Alt Beef Pot Roast Mashed Potatoes/Gravy	4 Pulled Pork on a Bun French Fries Tomato and Cucumber Salad Caramel Blondie Alt Breaded Oven Bake Chicken Broccoli	5 Savory Meatloaf Mashed Potatoes Chuck Wagon Corn Bread Basket Strawberry Mallow Dessert Alt Baked Ham Cornbread Stuffing	6 Broccoli Cheese Chicken Breast Baked Potato Catalina Carrots Bread Basket Seasonal Fresh Fruit Alt Chicken Crispito Black Bean/Corn Salad	7 Hot Beef Sandwich Mashed Potatoes Oven Roasted Asparagus Frosted Brownie Alt Baked Pork Chop Mashed Sweet Potatoes	8 Herbed Fish Fillet Long Grain Wild Rice Vegetable Casserole Bread Basket Lemon Burst Poke Cake Alt Beef Steak in Gravy Mashed Potatoes	9 Stuffed Shells w/ Sauce Tossed Salad Garlic Toast Oreo Rice Krispy Square Alt BLT Sandwich Deviled Egg Salad Potato Chips
10 Roasted Chicken Cornbread Stuffing Crunchy Mashed Sweet Potatoes Dinner Roll Pie Alt Country Fried Steak	11 Chili Corn Chips Grilled Cheese Creamy Cucumber Salad Seasonal Fresh Fruit Alt Fish Sandwich Tater Tot	12 Parmesan Crusted Pork Chop Caesar Pasta Salad Italian Blend Vegetables Bread Basket Ambrosia Cake Alt Glazed Meatloaf Baked Potato	13 Fried Chicken Mashed Potatoes Asparagus w/ Hollandaise Bread Basket Strawberry Cake Roll Alt Country Style Ribs Macaroni and Cheese	14 Beef Stroganoff Over Noodles Broccoli Fresh Baked Bread Blueberry Cream Pie Alt Herb Pork Loin Mashed Potatoes	15 Seafood Salad on Croissant French Fries Coleslaw Raspberry Cheesecake Fluff Alt Pulled Pork Sandwich Potato Salad	16 Ham Steak Mashed Potatoes Cheddar Corn Casserole Bread Basket Fruited Gelatin Alt Meatballs with Sauce Parsley Noodles
17 <u>Happy Fathers Day!!</u> BBQ Beef Brisket Hash Brown Casserole Corn Cobbett Angel Food Cake w/ Strawberries Alt Seafood Alfredo Breadstick	18 Coconut Crusted Chicken Breast Baked Sweet Potato Green Beans Almandine Bread Basket Seasonal Fresh Fruit Alt Baked Ham Mashed Potato	19 Country Fried Steak Mashed Potatoes Mixed Vegetables Bread Basket Spiced Apple Dessert Alt Baked Fish Fillet Long Grain Wild Rice	20 Turkey Primavera Spring Greens w/ Dressing Garlic Toast Turtle Pudding Alt Beef Liver and Onions Mashed Potatoes	21 Apple Cider Pork Loin Roasted Red Potatoes Peas Bread Basket Mandarin Orange Pretzel Dessert Alt Glazed Meatloaf Vegetable Blend	22 Seasoned Baked Cod W Dijon Hollandaise Sauce Baked Potato Succotash Bread Basket Summertime Gelatin Dessert Alt Tacos Shredded Lettuce/Tomato	23 Salisbury Steak w/Mushroom Gravy Mashed Potatoes Pickled Beets Bread Basket Fruit Cup Alt Breaded Chicken Fillet Green Bean Casserole
24 Open Face Hot Turkey Sand. Mashed Potatoes Seasonal Vegetable Blend Pie Alt Black Oak Sausage Sautéed Onions and Peppers	25 Grilled Garlic Ribeye Steak Baked Potatoes Sunshine Carrots Bread Basket Ice Cream Alt Baked Pork Chop Vegetable Blend	26 Mozzarella Meatloaf Parmesan Noodles Italian Blend Vegetables Garlic Toast Seasonal Fresh Fruit Alt Bacon/Tomato/Egg Salad Sand. Cucumber Pasta Salad	27 Herb Baked Chicken Ranch Potatoes Mixed Vegetables Bread Stick Sherbet Gelatin Dessert Alt Country Style BBQ Ribs Coleslaw	28 Pork Roast Roast Potatoes/Carrots/Onions Bread Basket Peach Pecan Cobbler Alt Meatballs in Sauce Mashed Potatoes	29 Cheesy Tuna Casserole Broccoli Bread Basket Seasonal Fresh Fruit Alt Baked Ham Baked Sweet Potato	30 Italian Goulash Vegetable Blend Garlic Toast Frosted Brownie Alt Turkey Al La King Mashed Potatoes