



March 2019

Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 Roast Beef Mashed Potato Carrots Dinner Roll Pie Alt Baked Chicken Vegetable Blend			<i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i> <i>For more available options, please ask to see our Ala Carte menu!</i> <i>Enjoy!</i>		1 Salmon Florentine Parmesan Rice California Medley Frosted Gelatin Alt Baked Ham Vegetable Blend	2 Beef Steak w/ BBQ Butter Sauce Aug Gratin Potatoes Corn Bread Basket Cheery Crumb Bar Alt Tacos Lettuce/Tomato/ Cheese
3 Herb Baked Pork Loin Candied Sweet Potato Brussels Sprouts Dinner Roll Pie Alt Beef Pot Roast Mashed Potatoes	4 Rotisserie Chicken Crispy Fried Potatoes Mixed Vegetable Bread Basket Strawberry Shortcake Alt Breaded Cod Fillet Coleslaw	5 Country Fried Steak Mashed Potatoes Carrots Bread Basket Apple Dessert Pizza Alt Baked Pork Chop Stuffing	6 Honey Glazed Turkey Citrus Rice Broccoli Brad Basket Cherry Cheesecake Alt Cod Loin Sandwich Baked Potato	7 Lasagna Roll Up Cascade Blend Vegetables Garlic Toast Butterfinger Lush Alt Fried Chicken Mashed Potatoes	8 Catch of the Day Baked Potatoes Green Beans Bread Basket Raspberry Crumb Alt Meatloaf Vegetable	9 French Dip Sandwich Coleslaw Pasta Salad Parmesan Corn Ice Cream Alt Baked Chicken Drumstick Potato Salad
10 Roast Turkey Cranberry Sauce Mashed Potatoes Sage Stuffing California Medley Pumpkin Pie Alt Country Style Ribs Cascade Blend Vegetable	11 Creamy Tomato Pasta w/ Sausage Tossed Salad Garlic Toast Peanut Butter Cookie Brownie Alt Baked Ham Mashed Potatoes	12 Potato Crusted Chicken Paprika Sweet Potatoes Green Beans Bread Basket Cherry Oat Crisp Alt Herb Baked Fish Parslied Potatoes	13 Beef Pot Roast Mashed Potatoes Harvard Beets Bread Basket Red Velvet Cake Roll Alt Fried Pork Chop Vegetable Blend	14 Mustard Glazed Pork Loin Mini Baker Potatoes Brussels Sprouts Bread Basket Raspberry Gelatin Dessert Alt Herb Baked Chicken Rice Pilaf	15 Breaded Cod Scrod Macaroni and Cheese Creamy Coleslaw Bread Basket Apple Spice Cake w/ Cream Cheese Frosting Alt Meatballs in Mushroom Gravy Mashed Potatoes	16 Sweet Beef Empanada Sour Cream Corn Bread Tossed Salad Pudding Parfait Alt Grilled Ham and Swiss Sandwich Potato Chips
17 Happy St. Patrick's Day Corn Beef Fried Cabbage Potatoes/Carrots Marble Rye Bread Mint Brownie Alt Shepard's Pie	18 Cheeseburger Lettuce/Tomato/Pickle Potato Salad Baked Beans Ice Cream Sandwich Alt Herb Baked Chicken Parsley Mashed Potatoes Chicken Gravy	19 Beef Steak with Mushroom and Onion Gravy Mashed Potatoes Seasonal Vegetables Bread Basket Oat and Apple Butter Bars Alt Roast Pork Stuffing	20 Glazed Ham Hash Brown Casserole Carrots Bread Basket Chocolate Mint Brownie Alt Spaghetti w/ Meat Sauce Bread Stick Spinach Salad	21 Bruschetta Chicken Breast Sweet balsamic Pasta Salad Cascade Blend Vegetables Pumpkin Pecan Cobbler Vanilla Ice Cream Alt Sliced Black Oak Sausage Fried Potatoes	22 Cheddar Crumb Fish Parslied Potatoes Broccoli w/Hollandaise Sauce Bread Basket Candy Bar Cheese Cake Alt Beef Liver and Onions Mashed Potatoes	23 Sweet and Sour Meatballs Baked Potatoes Sunflower Coleslaw Bread Basket Frosted Cake Alt Au Gratin Ham and Potatoes Vegetable Blend
24 Seasoned Pork Loin Mashed Potatoes Honey Roasted Brussels Sprouts w/ Pecans Dinner Roll Pie Alt Chicken Cordon Bleu Buttered Rice	25 Creamy Parmesan Garlic Chicken Parsley Noodles Tossed Greens with Dressing Garlic Toast Banana Trifle Alt Glazed Ham Mashed Potatoes	26 Country Fried Steak Mashed Potatoes Vegetables Blend Bread Basket Frosted Pumpkin Cake Alt Fish Sandwich Coleslaw	27 Stuffing Top Pork Fillet Pork Gravy Squash Bread Basket Cherry Orchard Bars Alt Tater Tot Casserole Vegetable Blend	28 BBQ Brisket Sandwich Potato Salad Baked Beans Cinnamon Applesauce Alt Herb Baked Chicken Mini Baker Potatoes	29 Seasoned Cod Loin Au Gratin Potatoes Fried Cabbage Bread Basket Chef's Choice Dessert Alt Chili Cheese/Onions Cinnamon Roll	30 Swiss Steak w/ Tomato Sour Cream Mashed Potatoes Broccoli Bread Basket Pudding Parfait Alt Baked Pork Chop Vegetable Blend