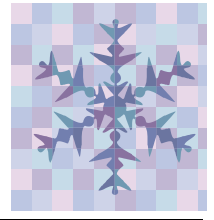


# January 2019

## Assisted Living Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday</p> <p>Nancy M 1/18</p>	<p>All Activities are <i>subject to change.</i></p> <p><i>Van/Bus outings are weather permitting</i></p>	<p>1</p> <p>9:30 Church</p> <p>12 Iowa Bowl Game</p> <p>2:30 Winter Craft</p>	<p>2</p> <p>10:45 Exercise</p> <p>2:30 Bag Toss</p>	<p>3</p> <p>9:30 Mass</p> <p>10:00 Rosary</p> <p>11 Tai Chi</p> <p>2 Bingo (NH)</p>	<p>4</p> <p>10 Men's Fellowship</p> <p>10 Exercise</p> <p>2:30 TGIF Social</p> <p>6:30 Leo Shima</p>	<p>5</p> <p>10:45 Exercise</p> <p>2:30 Manicure</p>
<p>6</p> <p>10:45 Exercise</p> <p>2:30 Fruit Smoothies</p>	<p>7</p> <p>10:45 Exercise</p> <p>2:30 AL Bingo</p>	<p>8</p> <p>9:30 Church</p> <p>2:30 Ranch Oyster Crackers</p>	<p>9</p> <p>10:45 Exercise</p> <p>Lunch Bunch to Sutliff</p> <p>2:30 Homemade Cheeseballs</p>	<p>10</p> <p>9:30 Mass</p> <p>10:00 Rosary</p> <p>11 Tai Chi</p> <p>2 Bingo (NH)</p>	<p>11</p> <p>9:30 AL Shopping Trip</p> <p>10:45 Exercise</p> <p>12:45 HCS Visits</p> <p>2:00 Music w/ Scott</p>	<p>12</p> <p>10:45 Exercise</p> <p>2:30 Fruit and Yogurt Parfaits</p>
<p>13</p> <p>10:45 Exercise</p> <p>2:30 Cookies and Cream Popcorn</p>	<p>14</p> <p>10:45 Exercise</p> <p>2:30 AL Bingo</p>	<p>15</p> <p>9:30 Church</p> <p>10:15 John Krob NH</p> <p>2:30 Making Fudge</p>	<p>16</p> <p>10:45 Exercise</p> <p>1:30 Post Horns</p>	<p>17</p> <p>9:30 Mass</p> <p>10:00 Rosary</p> <p>11 Tai Chi</p> <p>2 Bingo (NH)</p> <p>5:00 Pizza Party</p>	<p>18</p> <p>10 Men's Fellowship</p> <p>10 Exercise</p> <p>1:30 AL Bingo</p>	<p>19</p> <p>10:45 Exercise</p> <p>2:30 Turkey Pinwheels</p>
<p>20</p> <p>10:45 Exercise</p> <p>2:30 Card Club</p>	<p>21</p> <p>10 Music with Skip</p> <p>2:30 AL Bingo</p>	<p>22</p> <p>9:30 Church</p> <p>2:30 Cork and Canvas</p>	<p>23</p> <p>10:45 Exercise</p> <p>2:30 Frozen Hot Chocolate</p>	<p>24</p> <p>9:30 Mass</p> <p>10:00 Rosary</p> <p>11 Tai Chi</p> <p>2 Bingo (NH)</p>	<p>25</p> <p>9:30 AL Shopping Trip</p> <p>10 Bible Study w/Helen</p> <p>10:45 Exercise</p> <p>2 Birthday Party w/ Music by Harry</p>	<p>26</p> <p>10:45 Exercise</p> <p>2 Bill Woods Performs</p>
<p>27</p> <p>10:45 Exercise</p> <p>2:30 Pineapple Whips</p>	<p>28</p> <p>10:45 Exercise</p> <p>2:30 AL Bingo</p>	<p>29</p> <p>9:30 Church</p> <p>2:30 Cabin Fever Craft</p>	<p>30</p> <p>10:45 Exercise</p> <p>12 Tenant Council</p> <p>2:30 Jeopardy</p>	<p>31</p> <p>9:30 Mass</p> <p>10:00 Rosary</p> <p>11 Tai Chi</p> <p>2 Bingo (NH)</p>		