



January 2019



Solon Retirement Village Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i></p> <p><i>For more available options, please ask to see our Ala Carte menu!</i></p> <p><i>Enjoy!</i></p>		<p>1 Happy New Years! Hawkeye Alamo Bowl Tailgate</p> <p>Boneless Chicken Wings w/ Dipping Sauces Or Smoked Brisket Sandwich</p> <p>Seasoned Potato Wedges Pepperoni Pasta Salad Ice Cream Cookie Sandwich</p>	<p>2</p> <p>Beef Pot Roast Mashed Potatoes Harvard Beets Bread Basket Red Velvet Cake Roll Alt Fried Pork Chop Vegetable Blend</p>	<p>3</p> <p>Mustard Glazed Pork Loin Mini Baker Potatoes Brussels Sprouts Bread Basket Raspberry Gelatin Dessert Alt Herb Baked Chicken Rice Pilaf</p>	<p>4</p> <p>Breaded Cod Scrod Macaroni and Cheese Creamy Coleslaw Bread Basket Apple Spice Cake w/ Cream Cheese Frosting Alt Meatballs in Mushroom Gravy Mashed Potatoes</p>	<p>5</p> <p>Sweet Beef Empanada Sour Cream Corn Bread Tossed Salad Pudding Parfait Alt Grilled Ham and Swiss Sandwich Potato Chips</p>
<p>6</p> <p>Country Fried Chicken Mashed Potatoes Peas Dinner Roll Pie Alt Swiss Steak with Tomato California Medley Vegetables</p>	<p>7</p> <p>Cheeseburger Lettuce/Tomato/Pickle Alt Potato Salad Baked Beans Ice Cream Sandwich Alt Herb Baked Chicken Parsley Mashed Potatoes Chicken Gravy</p>	<p>8</p> <p>Beef Steak with Mushroom and Onion Gravy Mashed Potatoes Seasonal Vegetables Bread Basket Oat and Apple Butter Bars Alt Roast Pork Stuffing</p>	<p>9</p> <p>Glazed Ham Hash Brown Casserole Carrots Bread Basket Chocolate Mint Brownie Alt Spaghetti w/ Meat Sauce Bread Stick Spinach Salad</p>	<p>10</p> <p>Bruschetta Chicken Breast Sweet balsamic Pasta Salad Cascade Blend Vegetables Pumpkin Pecan Cobbler Vanilla Ice Cream Alt Sliced Black Oak Sausage Fried Potatoes</p>	<p>11</p> <p>Cheddar Crumb Fish Parslied Potatoes Broccoli w/Hollandaise Sauce Bread Basket Candy Bar Cheese Cake Alt Beef Liver and Onions Mashed Potatoes</p>	<p>12</p> <p>Sweet and Sour Meatballs Baked Potatoes Sunflower Coleslaw Bread Basket Frosted Cake Alt Au Gratin Ham and Potatoes Vegetable Blend</p>
<p>13</p> <p>Seasoned Pork Loin Mashed Potatoes Honey Roasted Brussels Sprouts w/ Pecans Dinner Roll Pie Alt Chicken Cordon Bleu Buttered Rice</p>	<p>14</p> <p>Creamy Parmesan Garlic Chicken Parsley Noodles Tossed Greens with Dressing Garlic Toast Banana Trifle Alt Glazed Ham Mashed Potatoes</p>	<p>15</p> <p>Country Fried Steak Mashed Potatoes Vegetables Blend Bread Basket Frosted Pumpkin Cake Alt Fish Sandwich Coleslaw</p>	<p>16</p> <p>Stuffing Top Pork Fillet Pork Gravy Squash Bread Basket Cherry Orchard Bars Alt Tater Tot Casserole Vegetable Blend</p>	<p>17</p> <p>BBQ Brisket Sandwich Potato Salad Baked Beans Cinnamon Applesauce Alt Herb Baked Chicken Mini Baker Potatoes</p>	<p>18</p> <p>Seasoned Cod Loin Au Gratin Potatoes Fried Cabbage Bread Basket Chef's Choice Dessert Alt Chili Cheese/Onions Cinnamon Roll</p>	<p>19</p> <p>Swiss Steak w/ Tomato Sour Cream Mashed Potatoes Broccoli Bread Basket Pudding Parfait Alt Baked Pork Chop Vegetable Blend</p>
<p>20</p> <p>Roast Beef Mashed Potatoes Beef Gravy Balsamic Glazed Carrots Dinner Roll Pie Alt Baked Chicken Vegetable Blend</p>	<p>21</p> <p>Apple Crusted Pork Chop Cranberry Sauce White Macaroni and Cheese Green Beans Bread Basket Pumpkin Earthquake Cake Alt Beef Minute Steak Mashed Potatoes</p>	<p>22</p> <p>Chicken Breast Cordon Blue Nutty Barley Bake Broccoli Bread Basket Raspberry Marshmallow Fluff Alt Garlic Pork Roast Mashed Potatoes</p>	<p>23</p> <p>Maple Glazed Meatloaf Mini Baker Potatoes Cascade Blend Vegetables Bread Basket Peanut Butter Blondie Alt Roast Turkey Stuffing</p>	<p>24</p> <p>Baked Ravioli w/ Marinera Tossed Salad Garlic Toast Mint Chocolate Dessert Alt Sliced Smoked Sausage Fried Potatoes</p>	<p>25</p> <p>Salmon Florentine Parmesan Rice California Medley Vegetables Bread Basket Frosted Topped Gelatin Alt Baked Ham Vegetable Blend</p>	<p>26</p> <p>BBQ Minute Steak Au Gratin Potatoes Corn Bread Basket Cherry Pie Crumb Bar Alt Beef Enchiladas Corn/Black Beans Shredded Lettuce/Tomato</p>
<p>27</p> <p>Herbed Pork Loin Candied Sweet Potatoes Brussel Sprouts Dinner Roll Pie Alt Beef Pot Roast Mashed Potatoes</p>	<p>28</p> <p>Rotisserie Chicken Crisp Fried Potatoes w/ Bacon Mixed Vegetables Bread Basket Cran/Strawberry Shortcake Alt Breaded Cod Fillet Coleslaw</p>	<p>29</p> <p>Country Fried Steak Mashed Potatoes Carrots Bread Basket Apple Dessert Pizza Alt Baked Pork Chop Herb Stuffing</p>	<p>30</p> <p>Honey Soy Glazed Turkey Citrus Rice Broccoli Bread Basket Cherry Cheesecake Alt Salisbury Steak Baked Potato</p>	<p>31</p> <p>Lasagna Roll Up Cascade Blend Vegetables Garlic Bread Butterfinger Lush Alt Fried Chicken Mashed Potatoes Chicken Gravy</p>		