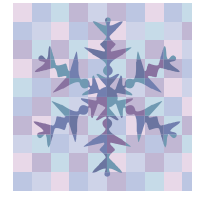


January 2019

Memory Care Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>All Activities are subject to change</i>	<i>Happy Birthday!</i>	1 9:30 Church 10:30 Exercise 12 Iowa Bowl Game 3:30 Bingo 6:30 Balloon Toss 7:00 Bed Time Snack	2 9:45 Exercise 10:30 Coffee and Danish 3:30 Decorate Cookies 6:30 Music Hour 7:00 Bed Time Snack	3 9:30 Mass 10:00 Rosary 10:30 Exercise 2:00 Bingo (NH) 6:30 7:00 Bed Time Snack	4 9:45 Exercise 10 Men's Fellowship 3:30 TGIF Social Hour 6:30 Leo Shima 7:00 Bed Time Snack	5 9:45 Exercise 10:30 Current Events 3:30 Card Club 6:30 Lawrence Welk (PBS) 7:00 Bed Time Snack
6 9:45 Exercise 10:30 Puzzles 3:30 Fruit Smoothie 6:30 Arts and Crafts 7:00 Bed Time Snack	7 9:45 Exercise 10:30 Danish and Coffee 3:30 Ranch Oyster Cracker 6:30 Manicures 7:00 Bed Time Snack	8 9:30 Church 10:30 Exercise 3:30 Bingo 6:30 Cards 7:00 Bed Time Snack	9 9:45 Exercise 10:30 Card Club 3:30 Homemade Cheeseball 6:30 Music Hour 7:00 Bed Time Snack	10 9:30 Mass 10:00 Rosary 10:30 Exercise 2:00 Bingo (NH) 5:00 Pizza Party 7:00 Bed Time Snack	11 9:45 Exercise 10:30 Current Events 12:45 HCS Visits 2:00 Music w/ Scott 6:30 Leo Shima 7:00 Bed Time Snack	12 9:45 Exercise 10:30 Coffee and Donuts 3:30 Yogurt Parfait 6:30 Movie and Snack 7:00 Bed Time Snack
13 9:45 Exercise 10:30 Manicures 3:30 Cookies and Cream Popcorn 6:30 Sensory Stim 7:00 Bed Time Snack	14 9:45 Exercise 10:30 Card Club 3:30 Kings in the Corner 6:30 Trivia 7:00 Bed Time Snack	15 9:30 Church 10:15 John Krob 3:30 Bingo 6:30 Evening Stretching 7:00 Bed Time Snack	16 9:45 Exercise 10:30 Coffee and Danish 1:30 Post Horns 6:30 Balloon Toss 7:00 Bed Time Snack	17 9:30 Mass 10:00 Rosary 10:30 Coffee Talk 2:00 Bingo (NH) 7:00 Bed Time Snack	18 9:45 Exercise 10 Men's Fellowship 12:45 HCS Visits 3:30 Cocoa and Cookies 6:30 Coloring Sheets 7:00 Bed Time Snack	19 9:45 Exercise 10:30 Current Events 3:30 Turkey Pinwheels 6:30 Lawrence Welk (PBS) 7:00 Bed Time Snack
20 9:45 Exercise 10:30 3:30 Card Club 6:30 Evening Movie 7:00 Bed Time Snack	21 9:45 Exercise 10 Music with Skip NH 3:30 Coloring Sheets 6:30 Stretching 7:00 Bed Time Snack	22 9:30 Church 10:30 Coffee Hour 3:30 Bingo 6:30 Sing a Long! 7:00 Bed Time Snack	23 9:45 Exercise 10:30 Coffee Talk 3:30 Frozen Hot Chocolate 6:30 Balloon Toss 7:00 Bed Time Snack	24 9:30 Mass 10:00 Rosary 10:30 Coffee Talk 2:00 Bingo (NH) 7:00 Bed Time Snack	25 9:45 Exercise 10:30 Baking w Angie 2 Birthday Party w/ Music by Harry 6:30 Table Games 7:00 Bed Time Snack	26 9:45 Exercise 10:30 In the News... 2:00 Bill Woods Performs 6:30 Movie and Snack 7:00 Bed Time Snack
27 9:45 Exercise 10:30 Balloon Toss 3:30 Pineapple Whips 6:30 Trivia 7:00 Bed Time Snack	28 9:45 Exercise 10:30 Name that Tune 3:30 Hangman 6:30 Stretching 7:00 Bed Time Snack	29 9:30 Church 10:30 Exercise 3:30 Cabin Fever Craft 6:30 Stretching 7:00 Bed Time Snack	30 9:45 Exercise 10:30 Coffee Talk 3:30 Jeopardy 6:30 Evening Movie 7:00 Bed Time Snack	31 9:30 Mass 10:00 Rosary 10:30 Coffee Talk 2:00 Bingo (NH) 6:30 Evening Stretching 7:00 Bed Time Snack		