

November 2018



Solon Retirement Village Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available For more available options, please ask to see our Ala Carte menu! Enjoy!				Bruschetta Chicken Breast Sweet balsamic Pasta Salad Cascade Blend Vegetables Pumpkin Pecan Cobbler Vanilla Ice Cream Alt Sliced Black Oak Sausage Fried Potatoes	Cheddar Crumb Fish Parslied Potatoes Broccoli w/Hollandaise Sauce Bread Basket Candy Bar Cheese Cake Alt Beef Liver and Onions Mashed Potatoes	Sweet and Sour Meatballs Baked Potatoes Sunflower Coleslaw Bread Basket Frosted Cake Alt Au Gratin Ham and Potatoes Vegetable Blend
4 Seasoned Pork Loin Mashed Potatoes Honey Roasted Brussels Sprouts w/ Pecans Dinner Roll Pie Alt Chicken Cordon Bleu Buttered Rice	5 Creamy Parmesan Garlic Chicken Parsley Noodles Tossed Greens with Dressing Garlic Toast Banana Trifle Alt Glazed Ham Mashed Potatoes	6 Country Fried Steak Mashed Potatoes Vegetables Blend Bread Basket Frosted Pumpkin Cake Alt Fish Sandwich Coleslaw	7 Stuffing Top Pork Fillet Pork Gravy Squash Bread Basket Cherry Orchard Bars Alt Tater Tot Casserole Vegetable Blend	8 BBQ Brisket Sandwich Potato Salad Baked Beans Cinnamon Applesauce Alt Herb Baked Chicken Mini Baker Potatoes	9 Seasoned Cod Loin Au Gratin Potatoes Fried Cabbage Bread Basket Chef's Choice Dessert Alt Chili Cheese/Onions Cinnamon Roll	Swiss Steak w/ Tomato Sour Cream Mashed Potatoes Broccoli Bread Basket Pudding Parfait Alt Baked Pork Chop Vegetable Blend
11 Roast Beef Mashed Potatoes Beef Gravy Balsamic Glazed Carrots Dinner Roll Pie Alt Baked Chicken Vegetable Blend	Apple Crusted Pork Chop Cranberry Sauce White Macaroni and Cheese Green Beans Bread Basket Pumpkin Earthquake Cake Alt Beef Minute Steak Mashed Potatoes	13 Chicken Breast Cordon Blue Nutty Barley Bake Broccoli Bread Basket Raspberry Marshmallow Fluff Alt Garlic Pork Roast Mashed Potatoes	14 Maple Glazed Meatloaf Mini Baker Potatoes Cascade Blend Vegetables Bread Basket Peanut Butter Blondie Alt Roast Turkey Stuffing	15 Baked Ravioli w/ Marinera Tossed Salad Garlic Toast Mint Chocolate Dessert Alt Sliced Smoked Sausage Fried Potatoes	16 Salmon Florentine Parmesan Rice California Medley Vegetables Bread Basket Frosted Topped Gelatin Alt Baked Ham Vegetable Blend	BBQ Minute Steak Au Gratin Potatoes Corn Bread Basket Cherry Pie Crumb Bar Alt Beef Enchiladas Corn/Black Beans Shredded Lettuce/Tomato
18 Herbed Pork Loin Candied Sweet Potatoes Brussel Sprouts Dinner Roll Pie Alt Beef Pot Roast Mashed Potatoes	19 Rotisserie Chicken Crisp Fried Potatoes w/ Bacon Mixed Vegetables Bread Basket Cran/Strawberry Shortcake Alt Breaded Cod Fillet Coleslaw	20 Country Fried Steak Mashed Potatoes Carrots Bread Basket Apple Dessert Pizza Alt Baked Pork Chop Stuffing	21 Honey Soy Glazed Turkey Citrus Rice Broccoli Bread Basket Cherry Cheesecake Alt Salisbury Steak Baked Potato	22 Happy Thanksgiving! Roast Turkey Green Bean Casserole Mashed Potatoes/Gravy Dinner Roll Pumpkin or Pecan Pie Alt Honey Glazed Ham Roasted Yams w/ Marshmallows	Catch of the Day Fish Baked Potato Green Bean Casserole Raspberry Crumb Bar Alt Meatloaf Vegetable Blend	French Dip Sandwich Coleslaw Pasta Salad Parmesan Corn Ice Cream Alt Chicken Drumsticks BBQ Sauce Potato Salad
Roast Turkey Cranberry Sauce Mashed Potatoes Sage Stuffing California Medley Pumpkin Pie Alt Country Style Ribs Cascade Blend Vegetables	26 Creamy Tomato Pasta with Sausage Tossed Salad Garlic Toast Peanut Butter Cookie Brownie Alt Baked Ham Mashed Potatoes	Potato Crusted Chicken Smoked Paprika Sweet Potatoes Green Beans Bread Basket Cherry Oat Crisp Alt Herb Baked Fish Fillet Parslied Potatoes	Beef Pot Roast Mashed Potatoes Harvard Beets Bread Basket Red Velvet Cake Roll Alt Fried Pork Chop Vegetable Blend	29 Mustard Glazed Pork Loin Mini Baker Potatoes Brussel Sprouts Bread Basket Raspberry Gelatin Dessert Alt Baked Fish Fillet Long Grain Wild Rice	Breaded Cod Scrod Macaroni and Cheese Creamy Coleslaw Bread Basket Apple Spice Cake w/ Cinn & Cr. Cheese Frosting Alt Meatballs in Sauce Mashed Potatoes	