



October 2018

HAPPY HALLOWEEN

Solon Retirement Village Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Creamy Parmesan Garlic Chicken Parsley Noodles Tossed Greens with Dressing Garlic Toast Banana Trifle Alt Glazed Ham Mashed Potatoes	2 Country Fried Steak Mashed Potatoes Vegetables Blend Bread Basket Frosted Pumpkin Cake Alt Fish Sandwich Coleslaw	3 Stuffing Top Pork Fillet Pork Gravy Squash Bread Basket Cherry Orchard Bars Alt Tater Tot Casserole Vegetable Blend	4 BBQ Brisket Sandwich Potato Salad Baked Beans Cinnamon Applesauce Alt Herb Baked Chicken Mini Baker Potatoes	5 Seasoned Cod Loin Au Gratin Potatoes Fried Cabbage Bread Basket Chef's Choice Dessert Alt Chili Cheese/Onions Cinnamon Roll	6 Swiss Steak w/ Tomato Sour Cream Mashed Potatoes Broccoli Bread Basket Pudding Parfait Alt Baked Pork Chop Vegetable Blend
7 Roast Beef Mashed Potatoes Beef Gravy Balsamic Glazed Carrots Dinner Roll Pie Alt Baked Chicken Vegetable Blend	8 Apple Crusted Pork Chop Cranberry Sauce White Macaroni and Cheese Green Beans Bread Basket Pumpkin Earthquake Cake Alt Beef Minute Steak Mashed Potatoes	9 Maple Glazed Meatloaf Mini Baker Potatoes Cascade Blend Vegetables Bread Basket Peanut Butter Blondie Alt Roast Turkey Stuffing	10 Chicken Breast Cordon Blue Nutty Barley Bake Broccoli Bread Basket Raspberry Marshmallow Fluff Alt Garlic Pork Roast Mashed Potatoes	11 Baked Ravioli w/ Marinera Tossed Salad Garlic Toast Mint Chocolate Dessert Alt Sliced Smoked Sausage Fried Potatoes	12 Salmon Florentine Parmesan Rice California Medley Vegetables Bread Basket Frosted Topped Gelatin Alt Baked Ham Vegetable Blend	13 BBQ Minute Steak Au Gratin Potatoes Corn Bread Basket Cherry Pie Crumb Bar Alt Beef Enchiladas Corn/Black Beans Shredded Lettuce/Tomato
14 Herbed Pork Loin Candied Sweet Potatoes Brussel Sprouts Dinner Roll Pie Alt Beef Pot Roast Mashed Potatoes	15 Rotisserie Chicken Crisp Fried Potatoes w/ Bacon Mixed Vegetables Bread Basket Cran/Strawberry Shortcake Alt Breaded Cod Fillet Coleslaw	16 Country Fried Steak Mashed Potatoes Carrots Bread Basket Apple Dessert Pizza Alt Baked Pork Chop Stuffing	17 Honey Soy Glazed Turkey Citrus Rice Broccoli Bread Basket Cherry Cheesecake Alt Salisbury Steak Baked Potato	18 Italian Style Lasagna Cascade Blend Vegetables Garlic Toast Butterfinger Lush Alt Fried Chicken Mashed Potatoes	19 Catch of the Day Fish Baked Potato Green Bean Casserole Raspberry Crumb Bar Alt Meatloaf Vegetable Blend	20 French Dip Sandwich Coleslaw Pasta Salad Parmesan Corn Ice Cream Alt Chicken Drumsticks BBQ Sauce Potato Salad
21 Roast Turkey Cranberry Sauce Mashed Potatoes Sage Stuffing California Medley Pumpkin Pie Alt Country Style Ribs Cascade Blend Vegetables	22 Creamy Tomato Pasta with Sausage Tossed Salad Garlic Toast Peanut Butter Cookie Brownie Alt Baked Ham Mashed Potatoes	23 Potato Crusted Chicken Smoked Paprika Sweet Potatoes Green Beans Bread Basket Cherry Oat Crisp Alt Herb Baked Fish Fillet Parslied Potatoes	24 Beef Pot Roast Mashed Potatoes Harvard Beets Bread Basket Red Velvet Cake Roll Alt Fried Pork Chop Vegetable Blend	25 Mustard Glazed Pork Loin Mini Baker Potatoes Brussel Sprouts Bread Basket Raspberry Gelatin Dessert Alt Baked Fish Fillet Long Grain Wild Rice	26 Breaded Cod Scrod Macaroni and Cheese Creamy Coleslaw Bread Basket Apple Spice Cake w/ Cinn & Cr. Cheese Frosting Alt Meatballs in Sauce Mashed Potatoes	27 Sweet Beef Empanada Sour Cream/Salsa Corn Bread Tossed Salad Pudding Parfait Alt Grilled Ham and Cheese Potato Chips
28 Country Fried Chicken Mashed Potato Chicken Gravy Peas Dinner Roll Pie Alt Swiss Steak w/ Tomato California Medley	29 Cheeseburger Deluxe Potato Salad Baked Beans Ice Cream Sundae Alt Herb Baked Chicken Parsley Mashed Potatoes	30 Cherry Glazed Ham Hash brown Casserole Carrots Bread Basket Chocolate Mint Brownie Alt Spaghetti w/ Meat Sauce Spinach	31 Beef Steak w/ Mushroom and Onion Gravy Mashed Potatoes Seasonal Vegetables Bread Basket Oat and Apple Bars Alt Roast Pork Loin Stuffing			<p><i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i></p> <p><i>For more available options, please ask to see our Ala Carte menu!</i></p> <p><i>Enjoy!</i></p>