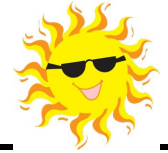




August 2018

Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i></p> <p><i>For more available options, please ask to see our Ala Carte menu!</i></p> <p><i>Enjoy!</i></p>			<p>1</p> <p>Herb Baked Chicken Ranch Potatoes Mixed Vegetables Fresh Baked Bread Sherbet Gelatin Dessert Alt Boneless Country Ribs Coleslaw</p>	<p>2</p> <p>Pork Roast Roast Potatoes/Carrots/Onions Bread Basket Peach Pecan Cobbler Alt Meatballs in Mushroom Gravy Mashed Potatoes</p>	<p>3</p> <p>Cheesy Tuna Casserole Broccoli Bread Basket Seasonal Fresh Fruit Alt Baked Ham Baked Fresh Sweet Potato</p>	<p>4</p> <p>Italian Goulash Vegetable Blend Garlic Toast Frosted Brownie Alt Turkey a la King Mashed Potatoes</p>
<p>5</p> <p>Smoked Paprika Chicken Cheddar Sour Cream Mashed Potatoes Mixed Vegetables Dinner Roll Fruit Pie Alt Beef Steak with Onion/Tomato Peas</p>	<p>6</p> <p>Spaghetti w/ Meatball and Mushrooms Italian Blend Vegetables Garlic Toast Snickerdoodle Fruit Crisp Alt Baked Pork Chop Mashed Potatoes</p>	<p>7</p> <p>Raspberry BBQ Ribs Maple Bacon Mashed Potatoes Green Beans Biscuit Seasonal Fresh Fruit Alt Breaded Fish Fillet Coleslaw</p>	<p>8</p> <p>*</p> <p>Roast Turkey Cornbread Stuffing Broccoli Bread Basket Frosted Blueberry Dessert Alt Meatballs in Mushroom Sauce Mashed Potatoes</p>	<p>9</p> <p>*</p> <p>Country Fried Steak Mashed Potatoes Sunshine Carrots Angel Food Cake w/ Strawberries Alt Baked ham Lima Beans</p>	<p>10</p> <p>Breaded Cod Loin Country Style Fried Potatoes Apple Cider Slaw Bread Basket Banana Cheesecake Alt Swiss Steak w/ Tomato Asparagus</p>	<p>11</p> <p>Chicken Pot Pie Spring Greens w/ Dressing Bread Basket Ice Cream Sundae Alt Cottage Cheese Fruit Plate Fresh Pineapple Crackers</p>
<p>12</p> <p>Garlic Ginger Pork Chop Parmesan Scalloped Potatoes Green Beans Dinner Roll Cherry Pie Alt Beef Pot Roast Mashed Potatoes/Gravy</p>	<p>13</p> <p>Pulled Pork on a Bun French Fries Tomato and Cucumber Salad Caramel Blondie Alt Breaded Oven Bake Chicken Broccoli</p>	<p>14</p> <p>Savory Meatloaf Mashed Potatoes Chuck Wagon Corn Bread Basket Strawberry Mallow Dessert Alt Baked Ham Cornbread Stuffing</p>	<p>15</p> <p>Broccoli Cheese Chicken Breast Baked Potato Catalina Carrots Bread Basket Seasonal Fresh Fruit Alt Chicken Crispito Black Bean/Corn Salad</p>	<p>16</p> <p>Hot Beef Sandwich Mashed Potatoes Oven Roasted Asparagus Frosted Brownie Alt Baked Pork Chop Mashed Sweet Potatoes</p>	<p>17</p> <p>Herbed Fish Fillet Long Grain Wild Rice Vegetable Casserole Bread Basket Lemon Burst Poke Cake Alt Beef Steak in Gravy Mashed Potatoes</p>	<p>18</p> <p>Stuffed Shells w/ Sauce Tossed Salad Garlic Toast Oreo Rice Krispy Square Alt BLT Sandwich Deviled Egg Salad Potato Chips</p>
<p>19</p> <p>Roasted Chicken Cornbread Stuffing Crunchy Mashed Sweet Potatoes Dinner Roll Pie Alt Country Fried Steak</p>	<p>20</p> <p>Chili Corn Chips Grilled Cheese Creamy Cucumber Salad Seasonal Fresh Fruit Alt Fish Sandwich Tater Tot</p>	<p>21</p> <p>Parmesan Crusted Pork Chop Caesar Pasta Salad Italian Blend Vegetables Bread Basket Ambrosia Cake Alt Glazed Meatloaf Baked Potato</p>	<p>22</p> <p>Fried Chicken Mashed Potatoes Asparagus w/ Hollandaise Bread Basket Strawberry Cake Roll Alt Country Style Ribs Macaroni and Cheese</p>	<p>23</p> <p>Beef Stroganoff Over Noodles Broccoli Fresh Baked Bread Blueberry Cream Pie Alt Herb Pork Loin Mashed Potatoes</p>	<p>24</p> <p>Seafood Salad on Croissant French Fries Coleslaw Raspberry Cheesecake Fluff Alt Pulled Pork Sandwich Potato Salad</p>	<p>25</p> <p>Ham Steak Mashed Potatoes Cheddar Corn Casserole Bread Basket Fruited Gelatin Alt Meatballs with Sauce Parsley Noodles</p>
<p>26</p> <p>Beef Pot Roast Mashed Potatoes Asparagus Dinner Roll Pie Alt Broccoli Cheese Chicken Breast Vegetable Blend</p>	<p>27</p> <p>Coconut Crusted Chicken Breast Baked Sweet Potato Green Beans Almandine Bread Basket Seasonal Fresh Fruit Alt Baked Ham Mashed Potato</p>	<p>28</p> <p>Country Fried Steak Mashed Potatoes Mixed Vegetables Bread Basket Spiced Apple Dessert Alt Baked Fish Fillet Long Grain Wild Rice</p>	<p>29</p> <p>Turkey Primavera Spring Greens w/ Dressing Garlic Toast Turtle Pudding Alt Beef Liver and Onions Mashed Potatoes</p>	<p>30</p> <p>Apple Cider Pork Loin Roasted Red Potatoes Peas Bread Basket Mandarin Orange Pretzel Dessert Alt Glazed Meatloaf Vegetable Blend</p>	<p>31</p> <p>Seasoned Baked Cod W Dijon Hollandaise Sauce Baked Potato Succotash Bread Basket Summertime Gelatin Dessert Alt Tacos Shredded Lettuce/Tomato</p>	