



September 2018

Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>30</p> <p>Pot Roast Mashed Potatoes Roasted Asparagus Dinner Roll Pie Alt Broccoli Cheese Chicken Breast Vegetable Blend</p>		<p>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</p> <p>For more available options, please ask to see our Ala Carte menu!</p> <p>Enjoy!</p>				<p>1</p> <p>Salisbury Steak with Mushroom Gravy Mashed Potatoes Pickled Beets Bread Basket Fruit Cup Alt Breaded Chicken Fillet Green Bean Casserole</p>
<p>2</p> <p>Open Face Hot Turkey Sand. Mashed Potatoes Seasonal Blend Vegetables Pie Alt Smoked Sausage Sautéed Peppers and Onions</p>	<p>3 <u>Happy Labor Day</u></p> <p>Smoked Beef Brisket Sandwich Or Grilled Chicken Sandwich</p> <p>Potato Wedges Baked Beans Watermelon Strawberry Rhubarb Pie</p>	<p>4</p> <p>Mozzarella Meatloaf Parmesan Noodles Italian Blend Vegetables Garlic Bread Seasonal Fresh Fruit Alt BLT Egg Salad Sandwich Cucumber Pasta Salad</p>	<p>5</p> <p>Herb Baked Chicken Ranch Potatoes Mixed Vegetables Fresh Baked Bread Sherbet Gelatin Dessert Alt Boneless Country Ribs Coleslaw</p>	<p>6</p> <p>Pork Roast Roast Potatoes/Carrots/Onions Bread Basket Peach Pecan Cobbler Alt Meatballs in Mushroom Gravy Mashed Potatoes</p>	<p>7</p> <p>Cheesy Tuna Casserole Broccoli Bread Basket Seasonal Fresh Fruit Alt Baked Ham Baked Fresh Sweet Potato</p>	<p>8</p> <p>Italian Goulash Vegetable Blend Garlic Toast Frosted Brownie Alt Turkey a la King Mashed Potatoes</p>
<p>9</p> <p>Roast Beef Mashed Potatoes Green Bean Casserole Dinner Roll Fruit Pie Alt Pork Loin Corn</p>	<p>10</p> <p>Spaghetti w/ Meatball and Mushrooms Italian Blend Vegetables Garlic Toast Snickerdoodle Fruit Crisp Alt Baked Pork Chop Mashed Potatoes</p>	<p>11</p> <p>Roast Turkey Cornbread Stuffing Broccoli Bread Basket Frosted Blueberry Dessert Alt Meatballs in Mushroom Sauce Mashed Potatoes</p>	<p>12</p> <p>Raspberry BBQ Ribs Cheese and Bacon Mashed Potatoes Green Beans Biscuit Seasonal Fresh Fruit Alt Breaded Fish Fillet Coleslaw</p>	<p>13</p> <p>Country Fried Steak Mashed Potatoes Sunshine Carrots Angel Food Cake w/ Strawberries Alt Baked ham Lima Beans</p>	<p>14</p> <p>Breaded Cod Loin Country Style Fried Potatoes Apple Cider Slaw Bread Basket Banana Cheesecake Alt Swiss Steak w/ Tomato Asparagus</p>	<p>15</p> <p>Chicken Pot Pie Spring Greens w/ Dressing Bread Basket Ice Cream Sundae Alt Cottage Cheese Fruit Plate Fresh Pineapple Crackers</p>
<p>16</p> <p>Garlic Ginger Pork Chop Parmesan Scalloped Potatoes Green beans Dinner Roll Cherry Pie Alt Beef Pot Roast Mashed Potatoes/Gravy</p>	<p>17</p> <p>Pulled Pork on a Bun French Fries Tomato and Cucumber Salad Caramel Blondie Alt Breaded Oven Bake Chicken Broccoli</p>	<p>18</p> <p>Savory Meatloaf Mashed Potatoes Chuck Wagon Corn Bread Basket Strawberry Mallow Dessert Alt Baked Ham Cornbread Stuffing</p>	<p>19</p> <p>Broccoli Cheese Chicken Breast Baked Potato Catalina Carrots Bread Basket Seasonal Fresh Fruit Alt Chicken Crispito Black Bean/Corn Salad</p>	<p>20</p> <p>Hot Beef Sandwich Mashed Potatoes Oven Roasted Asparagus Frosted Brownie Alt Baked Pork Chop Mashed Sweet Potatoes</p>	<p>21</p> <p>Herbed Fish Fillet Long Grain Wild Rice Vegetable Casserole Bread Basket Lemon Burst Poke Cake Alt Beef Steak in Gravy Mashed Potatoes</p>	<p>22</p> <p>Stuffed Shells w/ Sauce Tossed Salad Garlic Toast Oreo Rice Krispy Square Alt BLT Sandwich Deviled Egg Salad Potato Chips</p>
<p>23</p> <p>Roasted Chicken Cornbread Stuffing Crunchy Mashed Sweet Potatoes Dinner Roll Pie Alt Country Fried Steak</p>	<p>24</p> <p>Chili Corn Chips Grilled Cheese Creamy Cucumber Salad Seasonal Fresh Fruit Alt Fish Sandwich Tater Tot</p>	<p>25</p> <p>Parmesan Crusted Pork Chop Caesar Pasta Salad Italian Blend Vegetables Bread Basket Ambrosia Cake Alt Glazed Meatloaf Baked Potato</p>	<p>26</p> <p>Fried Chicken Mashed Potatoes Asparagus w/ Hollandaise Bread Basket Strawberry Cake Roll Alt Country Style Ribs Macaroni and Cheese</p>	<p>27</p> <p>Beef Stroganoff Over Noodles Broccoli Fresh Baked Bread Blueberry Cream Pie Alt Herb Pork Loin Mashed Potatoes</p>	<p>28</p> <p>Seafood Salad on Croissant French Fries Coleslaw Raspberry Cheesecake Fluff Alt Pulled Pork Sandwich Potato Salad</p>	<p>29</p> <p>Ham Steak Mashed Potatoes Cheddar Corn Casserole Bread Basket Fruited Gelatin Alt Meatballs with Sauce Parsley Noodles</p>