



October 2017

Halloween

Solon Retirement Village Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Roast Turkey & Cranb. Jelly Mashed Potatoes Stuffing Dinner Roll Pumpkin Pie Alt Beef Minute Steak Vegetable Blend	2 Lasagna Roll Up with Meat Sauce Riviera Vegetable Italian Pull Apart Bread Peanut Butter Brookie Alt Baked Pork Chop Mashed Potatoes	3 Pork Loin w/ Apple Chutney Baked Sweet Potatoes Country Trio Vegetables Raspberry Sherbet Alt Hamburger Tri Tators	4 Swiss Steak w/ Tomato Garlic Parm Mashed Potatoes Peas Bread Basket Orange Mist Alt Baked Chicken Breast Vegetable Blend	5 Fried Chicken Mac and Cheese Carrots Bread Basket Cherry Crunch w/ Whip Topping Alt Meatballs / Sauce Mashed Potatoes	6 Seafood Basket Tri Tators Broccoli Slaw Shirley Temple Cake Alt Roast Turkey Sweet Potatoes	7 Italian Beef on Bun Fried Potatoes Corn Fruited Gelatin Alt Taco Salad Black Bean and Corn Salad
8 Molasses Glazed Ham Au Gratin Potatoes Brussels Sprouts Dinner Roll Pie Alt Salisbury Steak Parsley Mashed Potatoes	9 Chicken Parm Pasta Bake Tossed Salad Garlic Bread Chocolate Mousse Cake Alt Fish Sandwich Coleslaw	10 Country Fried Steak Mashed Potatoes Riviera Vegetables Bread Basket Boston Cream Poke Cake Alt BBQ Ribs Glazed Sweet Potatoes	11 Stuffing Topped Pork Chop Squash Bread Basket Cherry Gelatin Dessert Alt Lasagna Roll Up with Alfredo Sauce Vegetable Blend	12 Beef Pot Roast Roasted Potatoes and Carrots Bread Basket Banana Blond Brownie Alt Baked Ham Country Blend Vegetables	13 Battered Fish Baked Potato Vegetable Blend Cornbread Strawberry Shortcake Sundae Alt Meatloaf Corn	14 Homemade Beef and Noodles Mashed Potatoes Broccoli Fresh Baked Bread Pumpkin Fluff Alt Pineapple/Cantaloupe Fruit Plate with Chicken Salad
15 Fried Chicken Mashed Potatoes Country Trio Vegetables Dinner Roll Cream Pie Alt Roast Beef Squash/Br Sugar	16 Spaghetti with Meat Sauce Italian Herb Green Beans Garlic Breadstick Brownie Batter Cheesecake Alt Herb Baked Fish Roasted Potato Medley	17 Turkey A La King Mashed Potatoes Corn Biscuit Snickerdoodle Pumpkin Dessert Alt Baked Ham Carrots	18 Cornbread Crusted Pork Chop Baked Sweet Potato Broccoli Bread Basket Caramel Apple Cake Alt Beef Minute Steak Mashed Potatoes	19 Creamy Swedish Meatball Bake Brussel Sprouts Bread Basket Fluffy Strawberry Dessert Alt Fried Pork Chop Mashed Potatoes	20 Citrus Glazed Fish Roasted Potato Medley Peas Bread Basket Cherry Cobbler Alt Lasagna Roll Up Tossed Salad	21 Sweet and Sour Chicken Rice Vegetable Blend Bread Basket Ice Cream Alt Tater Tot Casserole Riviera Vegetables.
22 Roast Beef Mashed Potatoes Green Beans w/ Walnuts Dinner Roll Fruit Pie Alt Pork Chop Br Sugar Squash	23 Carnita Enchilada Tossed Salad Brownie w/ Cinnamon Buttercream Alt Beef Liver and Onions Mashed Potatoes	24 Glazed Meatloaf Baked Potato Country Trio Veg Bread Basket Oreo Cake Alt Breaded Fish Fillet Carrots	25 Br Sugar Bourbon Chicken Potato Salad Baked Beans Fresh Baked Bread Double Strawberry Sundae Alt Roast Pork Stuffing	26 Baked Rubeen Casserole Roasted Potato Medley Peas Caramel Apple Pretzel Dessert Alt Salisbury Steak Mashed Potatoes	27 Seafood Pasta Alfredo Green beans Garlic Bread Chefs Choice Dessert Alt Black Oak Smoked Sausage Fried Potatoes	28 Tater Tot Hot Dish Beets Bread Basket Gingerbread Cookie bars Alt Flame Broiled BBQ Rib Sandwich Potato Chips
29 BBQ Ribs Cheesy Mashed Potatoes Roasted Brussel Sprouts Dinner Roll Pie Alt Beef Minute Steak Rice Pilaf	30 Country Fried Steak Mashed Potatoes Glazed Carrots Bread Basket Fruit Cup Alt Black Oak Sausage Mac and Cheese	31 Garlic Roasted Pork Candied Yams Broccoli and Cheese Bread Basket Pineapple Upside Down Cake Alt Roast Turkey Riviera Vegetables				<p><i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i></p> <p><i>For more available options, please ask to see our Ala Carte menu!</i></p> <p><i>Enjoy!</i></p>