



October 2017

Assisted Living Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:45 Exercise 2:30 Manicures 7:00 Table Games PCA	2 10:45 Exercise 2:30 AL Bingo	3 9:30 Church 2:30 Trip to Wilsons Apple Orchard	4 10:45 Exercise 2:30 Trip to Shima Farms	5 9:30 Mass 10:00 Rosary 1-3 VNA Flu Clinic 2 Bingo (NH)	6 10:45 Exercise 2:00 Music with Scott ^{NH} 2:30 Wine and Cheese Hour	7 <i>Iowa vs Illinois</i> 10:45 Exercise 2:30 Afternoon Matinee “ Big Fish “
8 10:45 Exercise 2:30 Yogurt Parfait w/ Granola	9 10:45 Exercise 2:30 AL Bingo	10 9:30 Church 1:30 John Castek Band NH 2:30 Bean Bag Toss	11 10:45 Exercise 2:30 Walking Club	12 9:30 Mass 10:00 Rosary 11 Exercise 2 Bingo (NH)	13 10 AL Shopping Trip 10:45 Exercise 2:30 Make No Bake M&M Bars National M&M Day	14 10:45 Exercise 2:00 Make Candy Acorns
15 10:45 Exercise 2:30 Sundays Sundaes	16 10 Music with Skip 10:45 Exercise 2:30 AL Bingo	17 9:30 Church 10:15 John Krob NH 2:30 Painting Pumpkins 7:00 Movie Night PCA	18 10:45 Exercise 1:30 Post Horns NH 2:30 Family Feud Game	19 9:30 Mass 10:00 Rosary 11:00 Exercise 2 Bingo (NH)	20 10:45 Exercise 2:30 Van Ride to See Fall Foliage	21 <i>Iowa @ N'western</i> 10:45 Exercise 2:30 Tai Chi Class
22 10:45 Exercise 2:30 Manicures 7:00 Evening Movie “ Sleepless in Seattle ” PCA	23 9:30 Czech Museum Visit. 2:30 AL Bingo National Boston Cream Pie Day	24 9:30 Church 2:30 Manicures	25 10:30 Lunch at Blue Bird Cafe 2:30 Bean Bag Toss	26 9:30 Mass 10:00 Rosary 11:00 Exercise 2 Girl Scout Trick or Treat 2 Bingo (NH)	27 9:30 AL Shopping Trip Hyvee 10 Bible Study w/Helen NH 2:00 Music by Harry NH 2:30 AL Birthday Party	28 <i>Iowa Vs Minnesota</i> 10:45 Exercise 2:00 All that Jazz Performs NH
29 10:45 Exercise 2:30 Sundays Sundaes	30 10:45 Exercise 2:30 AL Bingo	31 9:30 Church 10 SLA Trick or Treat 1:30 Halloween Social NH 1:30 Trick or Treat with Play and Learn		<i>October Birthdays</i> <i>Katie J 10/4</i>		<i>All Activities are subject to change.</i>