

# Breakfast Menu

Serving Time:

7-9 AM - Assisted Living

7:30 AM - Main Dining Room

7:15 AM - Memory Care Dining Room

8 AM - Skilled Dining Room

**Sunday:** French Toast, Scrambled Eggs, Bacon, Oatmeal

**Monday:** Muffin, Hard Boiled Eggs, Sausage Links, Grits

**Tuesday:** Cinnamon Roll, Yogurt Parfait, Egg Omelet w/ Ham, Cream of Wheat

**Wednesday:** Waffles, Fried Eggs, Bacon, Fruit, Oatmeal

**Thursday:** Biscuits & Gravy, Scrambled Eggs, Sausage Link, Malt-o-Meal

**Friday:** Coffee Cake, Fried Eggs, Bacon, Breakfast Potato, Cream of Wheat

**Saturday:** Pancakes, Cheesy Eggs, Sausage Links, Oatmeal

**Always available:**

Assorted Cold Cereal

Fresh Fruit

White or Whole Wheat Toast

Assorted Cake Doughnuts / Danishes

Flavored Yogurts

ALL BREAKFAST MEALS INCLUDE: Choice of Juice, Milk, Coffee