



January 2020

Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available</i></p> <p><i>For more available options, please ask to see our Ala Carte menu!</i></p> <p><i>Enjoy!</i></p>			<p>1</p> <p>Old Bay Seasoned Fish Roasted Potato Medley Bread Basket Spinach Au Gratin Lemon Pudding with Whip Topping Alt Swiss Steak w/ Tomato Garlic Butter Noodles</p>	<p>2</p> <p>Onion Cranberry Chicken Twisted Pasta Salad Cheesy Corn Bread Basket Brownies Alt Smoked Sausage Sauerkraut</p>	<p>3</p> <p>Pork Cutlet in Sour Cream Gravy Parsley Butter Mashed Potatoes/Gravy Roasted Carrots and Beets Oatmeal Caramel Bar Alt Herb Baked Fish Brussel Sprouts</p>	<p>4</p> <p>Beef Stew Biscuit Tossed Greens Angel Food Cake w/ Berries and Whip Topping Alt Loaded Baked Potato w/ Broccoli/Ham/Cheese/Sour Cream</p>
<p>5</p> <p>Applewood Smoked Pork Loin Baked Sweet Potatoes Scandinavian Vegetable Dinner Roll Pie Alt Beef Pepper Steak Steamed Rice</p>	<p>6</p> <p>Loaded Meatloaf Casserole Seasonal Vegetables Bread Basket Hot Chocolate Mousse Alt Chef Salad w/ Ham Breadstick</p>	<p>7</p> <p>Creamy Chicken Carbonara Roast Carrots Garlic Toast Pumpkin Cake with Apple Glaze Alt BBQ Rib Patty Fried Potatoes</p>	<p>8</p> <p>Honey Baked Ham Swiss Corn Casserole Green Beans Bread Basket Snicker Apple Dessert Alt Country Fried Steak Mashed Potatoes</p>	<p>9</p> <p>Roast Beef Mashed Potatoes Spiced Apple Ring Cascade Vegetables Bread Basket Chocolate Lasagna Alt Baked Pork Cutlet Herb Stuffing</p>	<p>10</p> <p>Shrimp Scampi Lemon Wedge Penne Pasta Broccoli Garlic Bread Sweet Cherries Alt Baked Chicken Breast Vegetable Blend</p>	<p>11</p> <p>Chili Crackers/Cheese/Sour Cream Mini Cinnamon Rolls Tossed Greens with Dressing Pudding Parfait Alt Grilled Turkey and Swiss Potato Chips</p>
<p>12</p> <p>Fried Chicken Mashed Potatoes Harvard Beets Dinner Roll Pie Alt Beef Liver and Onions Corn</p>	<p>13</p> <p>Glazed Ham Balls Macaroni and Cheese Green Beans w/ Bacon Pear Ginger Upside Down Cake Alt Beef Minute Steak Garlic Mashed Potatoes</p>	<p>14</p> <p>Meatball Sandwich Potato Wedges Cucumbers in Dill Sauce Apple Cobbler with Butterscotch Sauce Alt Spaghetti and Meat Sauce Spinach</p>	<p>15</p> <p>Country Fried Steak Mashed Potatoes Maple Roasted Brussel Sprouts w/ Bacon Blueberry Pie Bar Alt Herb Baked Fish Vegetable Blend</p>	<p>16</p> <p>Lemon Rosemary Chicken Roasted Potato Medley Winter Squash Bread Basket Peach Crisp Alt Cook's Choice Meat and Potatoes</p>	<p>17</p> <p>Beer Battered Tilapia Potato Casserole Vegetable Blend Bread Basket Lemon Cheesecake Tart Alt Chili Mac Breadstick</p>	<p>18</p> <p>Goulash Seasonal Vegetable Garlic Bread Frosted Cake Alt Baked Ham Boiled Potatoe</p>
<p>19</p> <p>Ribs in Cherry BBQ Sauce Baked Potato Green Beans Apple Dumplings w/ Cinnamon Sauce Alt Beef Steak in Mushroom Gravy Broccoli</p>	<p>20</p> <p>Baked Caesar Chicken Garlic Buttered Noodles Seasoned Peas Bread Basket Strawberry Shortcake Alt Baked Pork Cutlet Mashed Potatoes</p>	<p>21</p> <p>Beef and Broccoli Steamed Rice Vegetable Egg Roll Mandarin Oranges Alt Cod Sandwich Potato Wedges</p>	<p>22</p> <p>Roast Pork Sauerkraut Mashed Potatoes Oven Roasted Carrots Bread Basket Apple Cranberry Crunch Alt Salisbury Steak in Gravy Mixed Vegetables</p>	<p>23</p> <p>Spaghetti and Meatballs Creamy Italian Cucumber Salad Garlic Bread Hummingbird Cake with Butter Icing Alt Herb Baked Chicken Garlic Mashed Potatoes</p>	<p>24</p> <p>Fish and Chips Creamy Coleslaw Cornbread Raspberry Bars Alt Country Fried Beef Mashed Potatoes Beets</p>	<p>25</p> <p>Swiss Steak w/ Tomato Mashed Potatoes Green Bean Casserole Bread Basket Ice Cream Alt Glazed Ham Baked Sweet Potatoes</p>
<p>26</p> <p>Yankee Pot Roast w/ Root Vegetables Spiced Apple Rings Dinner Roll Pumpkin Pie w/ Whip Topping Alt Baked Pork Chop Broccoli</p>	<p>27</p> <p>Baked Swiss Chicken Rice Pilaf Cascade Blend Vegetables Bread Basket Cherry Almond Trifle Alt Meatloaf Mashed Potatoes</p>	<p>28</p> <p>Maple and Rosemary Pork Loin Baked Sweet Potatoes Crispy Brussel Sprouts Bread Basket Cranberry Mousse Alt Baked Fish Creamed Peas</p>	<p>29</p> <p>Montreal Pepper Steak Cheesy Party Potatoes Green Beans Bread Basket Butterscotch Sundae Alt Herb Baked Chicken Parsley Noodles</p>	<p>30</p> <p>Stuffed Chicken Parmesan Shells Tossed Greens Garlic Toast Snicker Blondie Alt Smoked Sausage Sautéed Peppers and Onions</p>	<p>31</p> <p>Salmon Croquette Scalloped Potatoes Lemon Broccoli Devils Food Cake with Chocolate Frosting Alt Beef Minute Steak Corn</p>	