



# March 2020

## Solon Retirement Village Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Yankee Pot Roast Root Vegetables Spiced Apple Ring Dinner Roll Pumpkin Pie/Whip Topping Alt Baked Pork Chop Broccoli	2 Baked Swiss Chicken Rice Pilaf Cascade Blend Vegetables Bread Basket Cherry Almond Trifle Alt Meatloaf Mashed Potatoes	3 Maple and Rosemary Pork Loin Baked Yams Roasted Brussel Sprouts Bread Basket Cranberry Mousse Alt Breaded Cod Fillet Creamed Peas	4 Montreal Peppered Steak Cheese Party Potatoes Green Beans Bread Basket Butterscotch Sundaes Alt Herb Baked Chicken Thigh Parsley Noodles	5 Stuffed Shells with Chicken Tossed Greens Garlic Toast Snickers Blondie Alt Black Oal Smoked Sausage Roasted Peppers and Onions	6 Salmon Croquette Scalloped Potatoes Lemon Broccoli Devils Food Cake with Chocolate Frosting Alt Beef Minute Steak with Mushrooms and Onions Corn	7 Swedish Meatballs Mashed Potatoes Scandinavian Vegetables Bread Basket Applesauce Gelatin Alt Chef Salad with Ham Crackers
8 Roast Turkey Cranberry Sauce Mashed Potatoes Stuffing Glazed Carrots Pie Alt Country Fried Beef Green Beans	9 Italian Ragu Broccoli Garlic Bread Pears/Blueberry Crisp Alt Breaded Chicken Breast Mashed Potatoes/Gravy	10 * Old Bay Seasoned Fish Roasted Potato Medley Bread Basket Spinach Au Gratin Lemon Pudding with Whip Topping Alt Swiss Steak w/ Tomato Garlic Butter Noodles	11 * Old Fashioned Meatloaf Mashed Potatoes Peas Bread Basket Chocolate Crunch Cheese Cake Alt Baked Pork Chop Cascade Blend Vegetables	12 Onion Cranberry Chicken Twisted Pasta Salad Cheesy Corn Bread Basket Brownies Alt Smoked Sausage Sauerkraut	13 Pork Cutlet in Sour Cream Gravy Parsley Butter Mashed Potatoes/Gravy Roasted Carrots and Beets Oatmeal Caramel Bar Alt Herb Baked Fish Brussel Sprouts	14 Beef Stew Biscuit Tossed Greens Angel Food Cake w/ Berries and Whip Topping Alt Loaded Baked Potato w/ Broccoli/Ham/Cheese/Sour Cream
15 Applewood Smoked Pork Loin Baked Sweet Potatoes Scandinavian Vegetable Dinner Roll Pie Alt Beef Pepper Steak Steamed Rice	16 Loaded Meatloaf Casserole Seasonal Vegetables Bread Basket Hot Chocolate Mousse Alt Chef Salad w/ Ham Breadstick	17 Happy St. Patrick's Day Shaved Corn Beef Brisket Boiled Potatoes and Carrots Scalloped Cabbage Rye Bread Brownie with Mint Frosting Alt Beef and Guinness Stew Biscuits and Jam	18 Honey Baked Ham Swiss Corn Casserole Green Beans Bread Basket Snickers Apple Dessert Alt Country Fried Steak Mashed Potatoes	19 Roast Beef Mashed Potatoes Spiced Apple Ring Cascade Vegetables Bread Basket Chocolate Lasagna Alt Baked Pork Cutlet Herb Stuffing	20 Shrimp Scampi Lemon Wedge Penne Pasta Broccoli Garlic Bread Sweet Cherries Alt Baked Chicken Breast Vegetable Blend	21 Chili Crackers/Cheese/Sour Cream Mini Cinnamon Rolls Tossed Greens with Dressing Pudding Parfait Alt Grilled Turkey and Swiss Potato Chips
22 Fried Chicken Mashed Potatoes Harvard Beets Dinner Roll Pie Alt Beef Liver and Onions Corn	23 Glazed Ham Balls Macaroni and Cheese Green Beans w/ Bacon Pear Ginger Upside Down Cake Alt Beef Minute Steak Garlic Mashed Potatoes	24 Meatball Sandwich Potato Wedges Cucumbers in Dill Sauce Apple Cobbler with Butterscotch Sauce Alt Spaghetti and Meat Sauce Spinach	25 Country Fried Steak Mashed Potatoes Maple Roasted Brussel Sprouts w/ Bacon Blueberry Pie Bar Alt Herb Baked Fish Vegetable Blend	26 Lemon Rosemary Chicken Roasted Potato Medley Winter Squash Bread Basket Peach Crisp Alt Cook's Choice Meat and Potatoes	27 Beer Battered Tilapia Potato Casserole Vegetable Blend Bread Basket Lemon Cheesecake Tart Alt Chili Mac Breadstick	28 Goulash Seasonal Vegetable Garlic Bread Frosted Cake Alt Baked Ham Boiled Potatoe
29 Ribs in Cherry BBQ Sauce Baked Potato Green Beans Apple Dumplings w/ Cinnamon Sauce Alt Beef Steak in Mushroom Gravy Broccoli	30 Baked Caesar Chicken Garlic Buttered Noodles Seasoned Peas Bread Basket Strawberry Shortcake Alt Baked Pork Cutlet Mashed Potatoes	31 Beef and Broccoli Steamed Rice Vegetable Egg Roll Mandarin Oranges Alt Cod Sandwich Potato Wedges			<i>Choice of Beverages including: -Coffee, Tea, Milk, Fruit Juice -Bread and Butter -Menu Alternatives Always Available  For more available options, please ask to see our Ala Carte menu!  Enjoy!</i>	